



# Orange Belt (8th & 7th GUP)

---

## *Mastery Requirements*

### ELIGIBILITY

---

- The student must be a member of the WTSDA in good standing.
- Eligibility for 8th Gup testing requires a minimum of twenty-four (24) classes and a total of at least three (3) months of training as a Gup. For an exceptional student, 7th Gup is also attainable at this stage.
- Typically, eligibility for the 7th Gup requires a minimum of thirty-two (32) classes and a total of at least four (4) months of training as a Gup.

#### **Physical Test:**

#### **Basic Techniques:**

Hands: Low defense, center punch, side punch, side defense, reinforcing defense, outside to inside defense, inside to outside defense, high defense, high punch.

Kicks: Front, side, round, stepping side, axe, and basic jumping.

Stances: Front, fighting, and horse riding.

---

## Orange Belt (8th & 7th GUP)

### *Mastery Requirements*

#### **Hyung (Forms):**

- 8th Gup - Sae Kye Hyung E Bu
- 7th Gup - Sae Kye Hyung Sam Bu

#### **Dae Ryun (Sparring):**

- One Steps, hand and kick techniques (1) through (5).
- Ho Sin Sul (Defensive Abilities):
- Self-defense techniques (1) through (5).

#### **Knowledge:**

- Oral Test - The student may be questioned about any of the following:
- Familiarity with Basic Tang Soo Do terms and properties. Knowledge of fundamental techniques and rules of studio and class training procedures.
- Name of our organization
- Name of our style (art)
- Name of studio
- Name and rank of instructor
- Name of Grandmaster

#### **Basic terms:**

- Sah Bum Nim
- Kwan Chang Nim
- Do Bohk
- Dojang