



# The Language of Tang Soo Do

## *Anatomy*

Pahl	Arm
Bahl	Foot
Chu Mok	Fist
Mok	Neck
Hur Ri	Waist
Da Ri	Leg
Soo or Sohn	Hand
Pahl Koop	Elbow
Moo Roop	Knee
Noon	Eye
I Ma	Forehead
Tuck	Chin
Myung Chi	Solar Plexus
In Choong	Philtrum
Dan Jun	Low Abdomen
Ko Hwan	Groin